

**What is Leadership BALM™
and How can it help You make
your work WHOLE?**

Leadership BALM™ is an application of conscious leadership principles that allows you to claim what you need to make your work Whole.

When you apply **Leadership BALM™**, we work with you to:

Balance the Body/Mind by reducing stress in the workplace.

Awaken the Soul by developing honest communication so that you can hear and BE HEARD.

Lead with Spirit by enhancing authentic leadership skills.

Manage in Mindfulness by planning strategically, clearly, and powerfully for your next steps.

Leadership BALM™ areas of focus can include but are not limited to:

- ✓ Authentic Communication for Effective Outcomes
- ✓ Strategic Planning
- ✓ Leadership Development
 - Effective Delegation
 - Transformative Coaching and Mentoring
 - Leading Effective Meetings
- ✓ Creativity Jumpstart – See old issues with new eyes
- ✓ Conflict Resolution
- ✓ Executive Coaching
- ✓ Stress Reduction
- ✓ Time Management for the Too Busy
- ✓ Motivation and Empowerment
- ✓ The Value of Diversity
- ✓ Optimizing Organizational Change
- ✓ Maximizing Human Resources
- ✓ ISO 9001 Audit Preparation
- ✓ Policy and Procedure development
- ✓ Building and Leading Teams that Succeed

Leadership BALM™ applications are individualized to meet YOUR organization's needs. Sessions can:

- **Include an individual leader, leadership team, or work group(s)**
- **Be a single project:**
 - Strategic planning
 - Staff or leadership specific issue
 - Just in Time workshops on a specific need
 - Focus on a particular issue in an area such as marketing, operations, human resources
- **Be ongoing:**
 - Interval training
 - Assessment of integration and application of skills
 - Process facilitation

Leadership BALM™ application includes:

1. Initial Complimentary one hour consultation to determine issues, needs and people involved
2. Needs assessment of organization through interview or survey
3. Review of assessment findings and creation of development plan including topics, dates, times and desired outcomes
4. Execution of development plan

Leadership BALM™ fees:
\$150.00/consultant hour plus expenses.
Sessions often require two consultants.